


Holiday Class Schedule 2025 12/22 - 12/27

	Monday 12/22	Tuesday 12/23	Wednesday 12/24	Thursday 12/25	Friday 12/26	Saturday 12/27
8:00-9:00am		8:15am *Cycle <i>Sarah</i>		MERRY CHRISTMAS		
9:00-10:00am	9am *Yoga <i>Therese</i>	9am *Barre <i>Therese</i>	9am *Gentle Yoga <i>Sarah</i>	Fit Closed		
10:00-11:00am	10am *Pilates <i>Therese</i>	10am *Yoga Flow <i>Therese</i>				
11:00a-12:00p	11am Chair Yoga & Strength <i>Therese</i>	11am *Pilates <i>Therese</i>	Fit Closes @12pm			
5:30-6:30pm		5:30pm Cycle and Core <i>Madison</i>				
	Holiday Hours: Monday - Tuesday 6am - 7pm Wednesday 12/24 & 12/31 6am - 12pm Thursday 12/25 & 1/01 CLOSED Friday 12/26 & 1/02 6am - 5pm Saturday 8am - 1pm Sunday 9am - 1pm		* 45 minute class HOLIDAY HOURS: 12/24 & 12/31 CLOSING at 12pm 12/25 & 01/01 CLOSED		Contact us: 301-432-5206 staff.fitinboonsboro@gmail.com 