



## **PERSONAL TRAINING PRICE SHEET**

### **Personal Training:**

30 minutes	\$35.00
60 minutes	\$65.00
4 – 60 minute sessions	\$240.00
6 - 60 minute sessions	\$360.00
10 – 60 minute sessions	\$600.00

### **Small Group training Sessions (3-6persons):**

1 - 60 minute small group session	\$30 per person
4 – 60 minute small group sessions	\$120 per person

### **Apprentice Personal Training**

60 minutes	\$40
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### **Seasoned Apprentice Personal Training**

60 minutes	\$50
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